## **ABSTRACT**

An embodiment of the invention includes a composition comprising: 40 to 95 parts by weight of one or several monomers (I) of formula (a) wherein: R<sub>1</sub> and R<sub>2</sub> represent H or CH; A represents a divalent radical of formula (b) or (c) wherein m<sub>1</sub> and m<sub>2</sub> represent each an integer ranging between 2 and 6; and 5 to 50 parts by weight of a monomer (II) comprising at least a urethane unit and at least two (meth)acrylate functions. The invention can be used for making optical and ophthalmic articles.